

USA University of the Third Age BENTLEIGH MESSENGER

Moorleigh Community Village, 92 Bignell Rd, Bentleigh East, Vic 3165 Tel: 9570 3929 | Email: office@u3abentleigh.org.au | Website: u3abentleigh.org.au Office hours: Mon-Fri 10am-3pm (closed weekends & public holidays)

Course information: courses@u3abentleigh.org.au | Publicity & newsletter: publicity@u3abentleigh.org.au

Presidential Ponders

Hello Everybody,

What a busy, busy time the members of the Fund Raising Committee have had with the highlight being Christmas in July (actually in August). Special thanks go to Danice producing 2 wonderful soups accompanied by fresh Herbs and Yogurt. Ann producing cauliflower cheese, stuffing, gravy and trifles. Jan brought a mountain of chicken and a scrumptious berry crumble. Margaret bought, made and handed out drinks. Plus we had two extra volunteers Angela and Anthony - serving and washing up as well as Janet and Ann decorating. Please go to our web page to see all the photos. "Thank You" to Angela Skelton for the wonderful door prize donation. I was told that I made a great Trivia Quiz mistress; having a loud voice can sometimes be an asset.

We are still having a healthy trickle of new members which is terrific and is a great reflection on all the hard work done by everybody in marketing and promoting U3A Bentleigh.

NEW SECRETARY WANTED

Our current Secretary, Janet Lee, has indicated that she will not continue in the role into next year. If you have computer and minute taking skills and are good at organizing & communicating, please get in touch with me initially through secretary@u3abentleigh.org.au We would love to hear from you.

COMMITTEE MEMBERS WANTED We would dearly love another 2 or 3 members on the committee as we grow in members, courses and events, we will need many hands to help with different roles. Please consider being part of this expansion - indicate your interest to secretary@u3abentleigh.org.au

Ciao and stay healthy.

Erika Fleming

<u>Important Dates</u>

Friday 2nd September 1pm First Friday Film **Picnic at Hanging Rock**Friday 2nd September from 2pm Friday Fun on-line via the web site (Zoom)
Monday 12th September 1pm **Members Sausage Sizzle**

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Power Saving Bonus

The Victorian government has extended the deadline for households to apply for a one-off **\$250 rebate**, until the end of June 2023. No concession card is necessary and you do not have to switch providers unless you want to.

I applied on line and it took about 25 minutes (I'm slow) and you need to submit a document as well as find the information on your power bill. To make life easier and help out a local organization, **Moongala Women's Community House** can assist you, at no charge. As an outreach provider they receive \$10 per application.

Phone 9570 3468 or 0493 458 751 Email admin@moongala.org.au

I finally managed to get rid of that nasty electrical charge I've been carrying. I'm ex-static!!

Happy Birthday Pamela



Pamela Nicholls, who has been a member at U3A Bentleigh since 1997, was surprised by her Creative Writing class mates, when they threw her a **99th birthday** party. Like all good parties there was cake, candles, flowers, cards and smiling faces all round. Congratulations Pamela on a great achievement and we look forward to helping you celebrate the BIG one next year!

2022 Committee

President	Erika Fleming
Vice President	Avril Lochhead
Secretary	Janet Lee
Treasurer	Rachael Golombick
Courses	Rosemary Browning
Webmaster	Michael Bonacci
Publicity	Ann Watts
Events Manager	Jan Sapir
Welfare	Olive Collingwood
OH&S Officer	Nick Ancorra
also	

Cynthia Paciocco, Zeki Toral Margaret Clay

HELP PROMOTE U3A BENTLEIGH

We need members to promote our activities for Seniors Week in early October. Local people need to hear about U3A Bentleigh and what we provide. Bring a friend to a class (as a visitor). Tell your community group.

Good Job Danice!

Danice Ingliss, one of our valuable volunteers on the Events Committee has raised public awareness about U3A Bentleigh and also obtained a \$100 donation for us, through her participation in a community fund raiser organized by the **GRILL'D** franchise in Elsternwick.

With information on display about local community groups, members of the public could place tokens in jars to support the organization of their choice. These tokens then translated to a cash donation.

Thank you to **Grill'd Restaurants** who have franchises in your local area.

Bargain Plant Sale

Do you know that on the **4th Saturday** of each month, the **Community Garden** have BARGAIN plants for sale? The next market is on 24th September from 8am till 2pm. Go grab a bargain. Check **info@ebvg.org.au**

The Business Page

If you come to U3A Bentleigh and need a mask we do have a few lower grade masks available. Ask at reception. We know it's not mandatory but we recommend mask wearing indoors.

If you have a positive RAT test you must stay home and isolate for 7 days and contact the Coronavirus hotline for advice. **Phone 1800 675 398**

Our marvelous facility will be the venue for the **South Eastern** branches of the U3A Network for a meeting on **Friday 2nd September** in room 67. Our large airy rooms and technical equipment make the Barry Neve Wing ideal with off street parking a bonus.

Have you been to the computer Hub recently? Michael and Nick have moved the long desks and the room looks so airy and functional now. It's also made it much easier for volunteers to open the windows. Great job!

There are several new activities being announced so keep an eye on the **main notice board** near the book cases. You can book into a class online at home, ask the Hub for help or fill out a form for reception staff.

Sausage sizzle for members on Monday 12th September from **1pm**, is a chance to get together and catch up with friends. There is **no charge** just come along and socialize.

The **Victoria Travel Group** are planning a 3 day, self drive trip to Warragul in late October and are looking for interested members and friends to join them. See the notice board and web page for more information.

CLASS NEWS

Denise Weiss who **teaches English** to those from a non-English background, (ESL) is available on a **Tuesday** afternoon at 1pm.

IMPROVE YOUR ENGLISH

If you want to join this fun and supportive class, come to reception and register your interest. When numbers increase, Denise will return.

M22210 Music & the Human Voice a new 8 week course beginning Tuesday 20/09/22 at 09.45am. Great interviews, music and visuals as a choir travels around Europe.

Still looking for **Scrabble players**, again let reception know.

The **Thursday Art** class has folded as the studio is not available but on Wednesday morning the art room is unoccupied, so if you want to run a drop-in class and use YouTube, let us know. It's a shame to see this facility under used. Our new Yoga teacher has withdrawn as she had over committed. If anyone who knows of another tutor we would love to hear from you.

FIRST FRIDAY FLICK

Friday 7th October at 1pm

2007 drama based on the best selling book, about two young boys growing up together in Kabul but who live very different lives.



Seniors Festival

We will are promoting our U3A next month, to celebrate being a senior in the Glen Eira community. We need to encourage members of the public into our building so they can find out what this organization with the funny name, is all about! We encourage you to bring a friend along, 3rd - 7th October, spread the word in other communities you visit and remember, we also need tutors and volunteers. Expect visitors to your class and we are planning a few special events so watch out for posters and help by distributing some in your area.

Facebook

Are you a Facebook member? The U3A management committee have had several discussions about the pro's and con's of a private Facebook page but, with so much going on this year, plus a lack of knowledge, we have put the decision on hold.

Moorleigh Village, Glen Eira council and East Bentleigh all have Facebook pages. If you use these sites, it would be a marvelous opportunity to promote the advantages of being a U3A Bentleigh member. If you enjoy U3A let others know and if you have an issue with our processes please let US know. We can't fix what we are not aware of.

Activity Guide Lines

Michael and Nick have been working on the the guidelines that describe the level of fitness required for our various **activity classes**, so you will have a better idea of what to expect and if it will suit you. These terms & conditions have been added to our policy document (on the website) and Val has added the three levels of fitness to the Umas course guidelines (low, medium or high). There will also be some indication on the class roll.

Nick has kindly agreed to take up the new portfolio of **Occupational Health & Safety**, an important job considering both the age of the members and the building!

CHRISTMAS IN AUGUST

We made it at last, after several members of the Fund Raising team succumbed to the dreaded Virus. Now fighting fit, they served up a terrific Christmas lunch with the appropriate music, crackers and games to keep everyone on their toes. Door prizes were drawn and a guest, previously a chef, was delighted to win an Air Fryer which was generously donated by Angela Skelton. The team of Erika, Jan, Danice, Ann and Margaret were ably assisted by Angela and Andrew Ingliss who did a sterling job in the washing up department. Team member Jothi Nelson had a fun day of her own attending her son's wedding. Feet and stomachs were aching by the end of the day!

