

UBA University of the Third Age BENTLEIGH MESSENGER

Course information: courses@u3abentleigh.org.au | Publicity & newsletter: publicity@u3abentleigh.org.au

Presidential Ponders

Hello Everybody,

Half the year has gone already and still so much to do. First 'Thank You' to all those people who participated in the two Brainstorming sessions held at U3A. Three ideas have already been implemented and others will be as we progress through your suggestions.

For those who have not looked at our web site recently, check out the new description in **About Us** and while you are there, check out the **new events calendar** and the **new classes** for Semester 2 in UMAS. Other classes will be coming into our program as they are finalized. As you all know, we are missing Rosemary at the moment, so getting new classes on the system is taking a wee bit longer. She is currently at home convalescing. Please support these new classes if you can.

Michael and I are cancelling the July 1st **Friday Fun** as it falls in our holiday break so hope to see you all on August 5th for the next load of FUN. Currently all our efforts are going into our Open Day/Change of Name day on Saturday 25th June and we hope to see many familiar faces as well as new people there between 10am and 12.30.

Thanks to a super human effort from Ann Watts and Cynthia Paccioco, we have finally gained access to marketing our U3A at Southland. Our first session will be on Thursday 7th July so come and say" Hi" if you are in the neighbourhood. Thanks Ann and Cynthia.

P.S. And thank you to everybody who came and made Saturday 25th such a success. Great team work everybody.

Ciao and stay healthy. Erika Fleming

Important Dates

Monday 11th July Classes resume for Semester two.

Friday 15th July Book in for Trivia and Afternoon Tea 1pm (see page 3)

Saturday 30th July CHRISTMAS in JULY lunch (see page 5 for details)

Committee Farewells a Friend



Back: Michael (Zoom) Jan, Janet, Rachael, Avril, Margaret, Ann Front: Nick, Cynthia, Pauline, Erika, Olive

At our last meeting we said farewell to our hard working member Pauline Clark and welcomed Margaret Clay, a long time U3A member who worked as a teacher and brings new ideas and enthusiasm to the team. Missing is Rosemary Browning who is convalescing at home & Zeki who took the photo.

Pauline's Letter

On Friday the 22nd June 2022, I was invited to attend the Management Committee meeting where i received many kind words and a delightful presentation on the occasion of my retirement from the Committee.

I would like to take this opportunity to express my sincere thanks to all the Tutors and class leaders, my fellow classmates and committee members with whom I have shared my time at U3A. It has truly been a very enjoyable part of my life experience.

I will remain a member of U3A Bentleigh and look forward to attending as many classes as possible.

May I urge you all to LIVE LEARN ENJOY and most of all be kind to one another. Pauline Clark

2022 Committee

President	Erika Fleming
Vice President	Avril Lochhead
Secretary	Janet Lee
Treasurer	Rachael Golombick
Courses	Rosemary Browning
Webmaster	Michael Bonacci
Publicity	Ann Watts
Events Manager	Jan Sapir
Welfare	Olive Collingwood
also	
Cynthia Paciocco, Zeki Toral	
Nick Ancora	Margaret Clay

HELP PROMOTE U3A BENTLEIGH

We need members to letter drop, perhaps when you are out walking the dog, or put a flyer in a community board. Local people need to hear about U3A Bentleigh and what we provide. Flyers available at Office.

STAY CONNECTED @

The next **Friday Fun 2-4pm is on 5th August** via our website. Just click on the link, and join Erika and Michael in challenges for your memory, quizzes, music and more.

Michael has been busy producing a pictorial video loop of U3A Bentleigh activities which is shown on the kitchen screen and will be invaluable for promoting our facility when we are in shopping malls. Nick has been consumed with designing & producing all the new signs throughout the building and also our **directory** to assist members in locating activity sites. Great job and still managing to assist members with IT problems.

The Business Page

Semester 2 begins on Monday 11th July Check the notice board for new classes and events as well as the website. There are a lot of activities planned and not everything gets into the newsletter in time.

Please bring your own cup if you want to make a hot drink. Experienced members bring their mug wrapped in a plastic bag and store it in the car after washing it up. We appreciate a 50 cent donation to cover costs.

The supply of RAT kits is slowing so ask at reception if they are available Ros Porter from the GE council will apply for more. Pensioners and health card holders can obtain free kits each month from their regular pharmacy. If you have knowingly been a Covid contact please test before coming to U3A.

We MUST maintain good ventilation of our rooms which means windows must be open a little & doors left open wherever possible. Rug up for a class, have a mid session break for a cuppa and put ceiling fans on when you're out of the room.

At the last **committee meeting** we voted unanimously to keep our membership fee at \$50 for semester 2. With five months of activities this is still a bargain price.

Your newsletter notification is now linked to the web page. Much quicker and more reliable I'm told and it links you to all our the latest information. Past editions also available.

Welcome to our new members who enrolled on Open Day. When you come to your first class, ask the reception volunteer to print you a badge and give you a lanyard. We hope you enjoy your sessions and let your friends know too.

CLASS NEWS

A 22 506 Trivia Quiz & Afternoon Tea FRIDAY 15th JULY at 1pm Room 67

COST \$5 pay on entry Arrive 12:30

As part of our fund raising activities we invite you to enroll in this fun event. Form a team and test your general knowledge with Warren Sapir your quiz master.

M22 420 Social Bridge

THURSDAY at 1pm Room 64

Experienced players are invited to play along with new players. With a 15 minute tutorial available prior to play, if you want a quick refresher, otherwise join the group at 1.15pm

M22 110 An Introduction to Archeology

Monday 11th July 1pm room 41

Fortnightly over six sessions, covering the development of ancient civilizations. No class 19/08/22

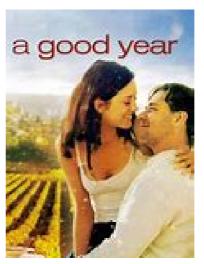
A22 505 Basic Life Support (one day)

Friday 22nd July Room 41

Two, 1 hour sessions beginning at 10.00am OR alternatively 11.30am Important basic information that can help save a life till assistance arrives.

FIRST FRIDAY FLICK

5th August at 1pm 2006 Romantic Comedy



starring RUSSELL CROWE and MARION COTILLARD

An English investment banker inherits a French Chateau and he travels to France to sell it.

No July film due to mid winter break

CANCELLATION of GENTLE YOGA

Unfortunately Rosemary Simpson has had to cancel her Monday class, due to a shoulder injury.

Take it easy and get well soon

Keep checking the web site for class information.

HAPPY BIRTHDAY VAL



The choir celebrated Val Surh's recent birthday with fairy cake and a flutter of wings!

They do sing too and if you want to join in the fun there is no audition. It's a well known fact that singing is good for your mental well being. Pop in on a Tuesday afternoon at 1pm and give it a go.

Re-cycle Your old Specs

Have you ever noticed the plastic bin on the floor near the notice board? Member **Margaret Nelson** set this up several years ago to receive donations of old & unwanted spectacles (NO CASES PLEASE)

This **Lions Club** initiative sorts cleans and checks prescriptions in Queensland then ships them to third world countries to be used; Such a simple but worth while cause. We have moved the container to the reception table till we can find a better spot..

Donations

Thank you to members who have donated **novels** to assist with our fund raising. Also a recent donation of many DVD's, so check out the small book case near the side door (all \$2.00 each)

We seem to have added some terrific jigsaw puzzles to our repertoire and at \$3.00 each they are all in good condition. It will keep you occupied on these chilly winter evenings when there's not much on TV.

ESCAPE THE WINTER BLUES

The Australian Travel Group offer you a

TOUR OF SOUTH AUSTRALIA

Leaving Sunday 28th August and return Sunday 4th September 8 days - 7 nights

The cost of \$1,795per person (minimum 30 people)

Includes all coach travel, 7 nights motel rooms, breakfast and evening meals, day trips and admission fees to venues on the itinerary. For **full information** go to the U3A Bentleigh website

u3abentleigh.org.au

Bentleigh U3A is collecting expressions of interest required by **15th July** Deposit and full payment is to **Designer Tours** who delivered our wonderful trip to Bright back in May

ALSO

A day trip during the mid winter break
Thursday 7th July
McClelland Sculpture Park
390, McClelland Drive, Langwarrin
Meet at 10am at U3A to car pool.
11am an escorted tour of the park
12;30pm lunch booked at your expense
To register your interest ASAP email
merrillusuf@optunet.com.au

DIRECTORY

The new room directory will tell you what activity is where; particularly helpful when you have a new session and it saves queuing to ask at reception. Room numbers are clearly displayed over the doors too. All this work was designed and produced bt Nick Ancora who supports us in the Hub

Brain Storming Sessions

We need more teachers, leaders and passionate hobbyists to talk about what excites and stirs them. New subjects keep current members engaged and attract new members. With this in mind, we recently held two brain storming sessions to come up with ideas and possible resources. Thanks to those participants for sharing and if you, or someone you know, has a passion, skill or hobby they can share, point them in our direction!



CHRISTMAS IN JULY

TO CHEER US UP, WE ARE HOLDING A **LUNCH** FOR 24 MEMBERS.

Saturday 30th July at 12.30 for 1pm

A three course Christmas lunch at **\$25** per head.

in room 39.

Followed by a Christmas Trivia Quiz Please wear your best bib & tucker and let's make it a special occasion.

When we return on 11th July, sign up and pay at reception.

Let's face it it's cold enough for snow.



Spring Get Away

Coming soon so watch the website

A **self drive** 3 night break is planned for: **October** Tuesday 25th check in Friday 28th Check out

Warragul Gardens Holiday Park

44 Burke Rd Warragul Phone (03) 5623 2707

Website: warragulcaravanpark.com.au

Priced according to your cabin accommodation. Linen & full amenities for self catering are available

You **must book directly** with the Park and pay a deposit of one night's cost. (balance on arrival) The itinerary is still to be finalized by the **Victoria travel group**

U3A Promotions

Our volunteers have found innovative ways of telling people about our organization and what we do. We have talked and handed out flyers at local markets, shopping centres, community centres and businesses as well as letter drops in the area. (Thanks Danice Ingliss and Grill'd.) We have had just over **ninety new** members join this year which is reassuring.

WELL DONE TO ALL THOSE VOLUNTEERS

Emergency Evacuation

Glen Eira council have been reviewing and improving the emergency plans for Moorleigh village and our three fire wardens have been involved in ongoing education. A new assessment form has been developed for regular village visitors, so **if you need extra assistance** in the event of an emergency, please ask at the office for a **PEEP** form. If you need help completing the form, we will ask a warden to assist you. Return the form to the office as soon as possible.

With over 400 members this is a big undertaking.

OPEN DAY Celebrations





President Erika Fleming & Mayor Jim Mcgee





On Saturday 25th June we had a wonderful **Open Day** to celebrate the re naming of our U3A. This was the culmination of a lot of hard work over the last eight months, by many volunteers with most of it done behind the scenes. The weather was perfect and we attracted a fair number of visitors and several new members joined on the day, and others taking membership forms with them. The rooms looked wonderful with something happening in each area. The Door prizes (vouchers) were donated by Bunnings at the Links Shopping Centre and even the Mayor Jim Mcgee gained a prize.

I must mention wonderful ambassadors Dorothy Andrew and Champa Weerakoona who, without any prompting, spoke to several visitors and really showed what a welcoming and vibrant community we are.

Well done to all our wonderful tutors who not only set up their displays but then cleared everything away too. **It was a great team effort.**

There was a young man from Bengal Who went to a fancy-dress ball. He went, just for fun, dressed up as a bun. And a dog ate him up in the hall

There was a young lady from Ryde, After eating green apples, she died. Inside the lamented, the apples fermented, And made cider inside her inside