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Presidential Ponders

Hello Everybody,

A few things that have happened in the last month.

MARKETING. Some committee members manned a stall outside Aldi in Carnegie, drumming up interest in our U3A. A lot of brochures were handed out and a good number of passers by were engaged in conversation. Hopefully, this will translate into more new members. An especially big thank you to Ann Watts for her great effort on our behalf.

TEST and TAG. This was carried out (Thank you Cynthia) on all the electrical equipment belonging to U3A Moorleigh. If it doesn't have a tag on it, please don't use and let the office know. **PLEASE DO NOT bring in any electrical equipment into our buildings.** If a fire starts as a result of use of an untagged piece of equipment, our insurance is null and void.

ANCESTRY. Anyone wishing to go on line and use Ancestry at U3A, can use the password placed on the wall of The Hub computer room.

AGED CARE LECTURES. continuing in June. 3rd Residential system and funding requirements; **10th** Macular Degeneration; **17th** Advanced care directives, Medical Treatment decisions, Assisted Dying in Victoria

FRONT OFFICE MANUAL. A new, updated manual is now available for all front office volunteers. Please make sure you take one home.

Ciao

Erika Fleming (President)

Important Dates

Friday 11th June 12:30 TRIVIA Quiz \$5:00 (see page 2)

Monday 14th June Queen's Birthday - closed for public holiday

Monday 28th June - Mid year break. Classes resume Monday 12th July



News from The Hub

- **Be Connected**
- **Ancestry**
- **Purchase of new computers**



The Hub has seen an increase in activities since opening in April 2021, with members dropping in and either working on their own, or seeking assistance from one of the IT team.

A call went out to all members encouraging them to join the **Be Connected** programme, a government-sponsored initiative designed to empower all Australians - especially seniors - to thrive in this digital world. U3A Moorleigh is supporting the programme with our own **Doing Business Online** 1-day special information sessions, every Monday at 10.00am. Check out the website under **Courses** and book a date.

Members can now research their families with the purchase of our own **Ancestry** licence - wow!

And the most exciting news for last - we've just received a grant to purchase 9 new, modern computers for **The Hub**. Does it get any better than that? Only when we see you there enjoying yourself. So, Stay Connected ... see you @ **The Hub**.



TRIVIA is BACK



John Strong, our trivia master, has had an extra twelve months to hatch out his fiendishly hard questions for you so if you dare, please add your name to the rapidly filling list at the front office.

Due to Covid & room size, the number is limited to **25** so get in fast. Afternoon tea is served part way through the session to help boost your blood sugar & fire up those grey cells & so to cover costs a **\$5:00 charge** is made

What is AGEISM?



Ageism is defined by the World Health Organization (WHO) as stereotyping, prejudice & discrimination directed towards people on the basis of their age. Ageism is experienced mostly by older people but it can affect people at all stages of life. Ageism leads to social isolation, low self esteem and poorer health.

We are probably all guilty of judging others at first sight. Check out the Eastern Health website & watch '*Imagine a World without Ageism*' or take their 'Am I Ageist?' quiz. Don't be an old dear or a golden oldie, We all have different experiences and abilities so lets all be conscious of how we connect with others.

The Business Page

We will be closed from **Monday 28th June** and return to the classroom on **Monday 12th July** (two weeks). During the break, the Committee will be hard at work cleaning & planning for semester two - if you have a mop, volunteers are welcome!

#We are all aware of the recent outbreak of Covid in the North of Melbourne & know what to do. YOU MUST WEAR A MASK WHEN ATTENDING CLASS & be diligent with social distancing. We have all become too complacent over the last two months. There is hand sanitizer in all rooms & please do not loiter inside the building. Keep safe & stay safe.



Have you found that your local doctor is not providing the **Covid** Vaccination? Phone **1800 675 398** to book a time at your nearest vaccination site. Remember have a job & get a life!



Winter is upon us & sniffles & colds will be more frequent. If you are unwell **DO NOT VISIT** U3A & share your germs! If you have doubts about your chills & runny nose please get Covid tested & isolate till the results are through & stay home in the warm.

Class members are doing a wonderful job of disinfecting chairs, tables & equipment & signing the check list. Carry a mask but you don't have to wear it unless social distancing is not possible. Cards & tiles are being rotated over three weeks to ensure they remain bug free.

Can you help to promote U3A Moorleigh by grabbing a few flyers & popping them into local post boxes (perhaps when you walk the dog?) Let your local club know about us. If we can increase our numbers we can keep membership costs down next year. David Hutt did a marvellous job in encouraging his 'Great Tours' class to spread the word.

Golden Days Radio on 95.7 fm have agreed to promote U3A Moorleigh. Do you listen? We are also hoping for an article in **The Senior** magazine, about our drop-in computer centre - **The Hub** - so keep a look out for the June/July editions.

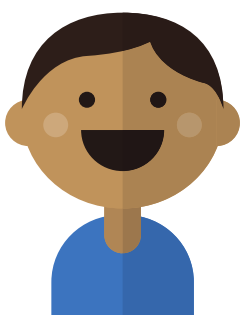


THE THINGS KIDS SAY !

If you are surrounded by sea you are an island. If you don't have sea all around you, you are incontinent. (Wayne aged 7)

My dad goes out in his boat and comes home with crabs. (Emily aged 5)

When ships had sails they relied on wind to cross the ocean. Sometimes the wind didn't blow and sailors would whistle to call up the wind. My brother says they should have eaten beans. (William aged 8)



Promotional Activities

A big thank you to Ian Baker who responded to my request for marketing advice; we have had a couple of meetings to bounce around ideas & if you can also contribute please let me know.

Felicity Wigg (reception volunteer) has parted with pocket money for her grand-daughter to distribute flyers in the Murrumbena area (a great idea all you grandparents out there!). A big thank you also to fellow Committee members for help with a promotional stand at Carnegie Central Shopping Centre, where great interest was shown in our information & handout materials.

Let's not just rely on the Committee to do all the hard work! Who would like to join Ann Watts in talking to members of the public & helping to promote U3A Moorleigh?



Michael & Erika at Carnegie

THE GOOD SAMARITAN



Which shoe has the glue?

Earlier in the year I was on my way to meet a friend for coffee; I was running late & picked up my pace when I almost stumbled. Thinking I had tripped on the uneven pavement I looked down; all was clear so I proceeded only to find something didn't feel right, so I stopped & checked my sandals and found that the sole of one sandal was flapping free. Should I go back home & change or continue on my way? (I was more than halfway to the cafe)?

While in contemplation a shadow fell across my path & an amused male voice said "Crumbs, that doesn't look too safe. Here lean against the wall & I'll fix it for you! I'll give it a blob from me glue gun & you'll be right as rain." He was right! He rested my foot on his work gloves & applied the glue saying "Take it slowly & it will be alright. Gently he rebuckled my sandal & I was on my way. My repaired sandal is still holding up well & I was only a few minutes late for my coffee but with a lovely tale to tell.

Olive Collingwood

Fire and Safety

Committee member Ian Kirkwood would like an assistant who is interested in safety & evacuation procedures. Do you have experience or would you be interested in attending meetings run by Glen Eira at Moorleigh Village? It is important that we have more than one representative to cover for holidays or illness. Let Ian know or email the office if you can help. Thank you.

