



U3A MOORLEIGH NEWSLETTER – 28 APRIL 2021

Winter has arrived in Melbourne a little early but we are keeping warm at Moorleigh. The Council has turned on the central heating, which is welcomed particularly by the art classes as there is no air conditioner in Room 67. So come and enjoy your classes in comfort.

NEW CLASSES

The big news today is that, from Thursday May 6 to June 17, we are presenting the talks mentioned in our last newsletter. These talks concern different aspects of Aged Care and how we may benefit from the services available. All classes are in Room 41 at 10:00 am.

A21401 Funding in Aged Care May 6

Government funded survey to assist the elderly to maintain independence.

A21402

Residential Aged Care System and Funding. June 3

A21403 Aged Care and Aged Care Social Support Groups May 13

Aged Care services delivered by the Commonwealth Home Support Program or Home care Packages. Both assist people to stay living at home.

A21404 Prevention of Elder Abuse May 20

Elder Abuse Prevention and Support for older people who may be abused or mistreated by another person with whom they have a relationship of trust.

A21405 Age-Related Macular Degeneration June 10

Age-related Macular Degeneration is the leading cause of legal blindness in Australia. Find out what it is, symptoms to look out for, who is at risk, what you can do to reduce your risk, and improve outcomes.

A21406 Hearing Health May 27

Advice on Hearing health: How to get the best from your aids: Technology available today including Cochlear Implants.

A screening of your hearing levels will be available.

A21407 End of Life Choices – Practical and Legal Aspects June 17

Appointment of medical treatment decisions: Preparation of an Advanced Care directive: Availability of Voluntary Assisted Dying.

****Limited numbers so get your enrolment in early.**

MORE NEW CLASSES FOR MAY

C21351	Wednesday	May 5	iPad for Beginners
M21414	Thursday	May 6	Good Bugs, Bad Bugs
M21108	Monday	May 10	China: The Past and the Present

REMINDERS

FIRST FRIDAY FILM

The next film is "Sullivan's Travels" a 1941 American comedy starring Joel McCrea and Veronica Lake. May 7 at 1:00 in Room 41.

LET'S DO LUNCH

The May lunch is at the Bentleigh RSL, 538 Centre Rod, Bentleigh on May 21 at 12 noon. Please advise acceptances to Margaret by Wednesday, May 19. For details and cancellations contact Margaret – 0400 695 500

AND MORE !

CHANGE OF TIME

The 500 Card Game has changed to a morning class, now starting every Thursday at 10:00 am.

SLOW YOGA AND USA/AUSTRALIA 2021

Rosemary Simpson's classes are, currently, in recess. Rosemary hopes to resume the classes if the enrolments increase. Please consider these classes which are real specialities.

THE HUB

Room 63, also known as the Computer Room, has a new name – The Hub.

The Hub will be open every day and, except when a class is in session, will be available to members for their personal use of the computers. In addition, advice will be available and technical problems addressed.

We have access to the genealogy program "Ancestry" and this will also be available.

Also in the Hub, on Mondays, you may have a one-on-one class on using "Zoom" (for joining Zoom classes or connecting with family) or "Doing Business on Line" (Banking, Shopping etc.).

Apply to the office for these opportunities.

THE KITCHEN

The kitchen is still out of bounds so please remember to bring your drink bottle or thermos to keep refreshed.

GOLF CROQUET

We have been offered classes in Golf Croquet by the Elsternwick Croquet Club, 27 Parkside St., Elsternwick. Classes start from Tuesday, May 4 at 12:15 pm and last an hour. Participants will complete a 4-week session.

For further information please contact Geoff Tennant, the Club Captain, on 0411 217 167 or email croquetelsternwick@gmail.com.

****As we have previously advised you, we are Covid safe at Moorleigh, under the supervision of the Glen Eira Council, so come and enjoy your classes and the companionship that Moorleigh offers.**

MOORLEIGH OFFICE